

# March 2010



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Study Group Cuernavaca 10:30 – 13:00	3	4	5	6
7 Nyntüm 9:30 – 14:00	8 Study Group Distrito Federal 19:00 – 21:00	9 Study Group Cuernavaca 10:30 – 13:00 * Preseminary Class Cuernavaca 18:00 – 20:30	10	11	12 <b>Shambhala Level IV</b> Acharya Allyn Lyon	13 <b>Shambhala Level IV</b> Acharya Allyn Lyon
14 <b>Shambhala Level IV</b> Acharya Allyn Lyon	15 Sadhana Mahamudra 18:00 – 19:00	16 Study Group Cuernavaca 10:30 – 13:00	17	18	19	20
21	22 Study Group Distrito Federal 19:00 – 21:00	23 Study Group Cuernavaca 10:30 – 13:00 * Preseminary Class Tepoztlán 18:00 – 20:30	24	25	26	27 Holy Week Retreat “Contentment in Everyday Life” Acharya Allyn Lyon
Werma Week Casa Werma	Werma Week Casa Werma	Werma Week Casa Werma	Werma Week Casa Werma	Werma Week Casa Werma	Werma Week Casa Werma	Werma Week Casa Werma
28	29 Sadhana Mahamudra 18:00 – 19:00	30 Study Group Cuernavaca 10:30 – 13:00	31 Holy Week Retreat “Contentment in Everyday Life”	1 Holy Week Retreat “Contentment in Everyday Life”	2 Holy Week Retreat “Contentment in Everyday Life”	3 Holy Week Retreat “Contentment in Everyday Life”
Holy Week Retreat “Contentment in Everyday Life”	Holy Week Retreat “Contentment in Everyday Life”	Holy Week Retreat “Contentment in Everyday Life”				

# April 2010



*Shambhava*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4 <i>Holy Week Retreat</i> <b>“Contentment in Everyday Life”</b>	5	6	7	8	9	10
<i>Paranirvana Chögyam Trungpa * Sadhana Mahamudra Feast</i>						
<b>Werma/Ngondro Retreat</b> <i>Acharya Allyn Lyon</i>	<b>Werma/Ngondro Retreat</b> <i>Acharya Allyn Lyon</i>	<b>Werma/Ngondro Retreat</b> <i>Acharya Allyn Lyon</i>	<b>Werma/Ngondro Retreat</b> <i>Acharya Allyn Lyon</i>	<b>Werma/Ngondro Retreat</b> <i>Acharya Allyn Lyon</i>	<b>Werma/Ngondro Retreat</b> <i>Acharya Allyn Lyon</i>	<b>Werma/Ngondro Retreat</b> <i>Acharya Allyn Lyon</i>
11	12	13	14	15	16	17
	<i>Study Group Distrito Federal 19:00 – 21:00</i>	<i>Study Group Cuernavaca 10:30 – 13:00 * Preseminary Class Tepoztlán 18:00 – 20:30</i>	<i>Sadhana Mahamudra 18:30 – 19:30</i>			
18	19	20	21	22	23	24
		<i>Study Group Cuernavaca 10:30 – 13:00</i>				
25	26	27	28	29	30	1
	<i>Study Group Distrito Federal 19:00 – 21:00</i>	<i>Study Group Cuernavaca 10:30 – 13:00 * Preseminary Class Tepoztlán 18:00 – 20:30</i>	<i>Sadhana Mahamudra 18:30 – 19:30</i>			